The weather has certainly got a definite winter chill about it and there is more rain predicted. Please make sure your children are all dressed in their correct winter uniform including black shoes. **Summer uniforms are not to be worn again until Term 4.** I spoke to all the students at assembly about the need to look after their belongings particularly their grey jumpers and sports jackets which they sometimes take off and leave around. These can be returned promptly if they are clearly marked with the child’s name. Sometimes names wash off over time so make sure you check that the names are still clear on all items so they can be returned to the owner. If you find your child has accidentally brought home the wrong jumper please return it the next day.

**A reminder that leggings are not pants!** Navy track suit pants are the school winter sports uniform and will need to be worn on your Learning Community’s specialist day. Students can wear their sports shorts underneath if they get too warm. Also, we do sell **navy hats, scarves and raincoats** at the front office if you need some extra clothes to keep nice and warm this winter.

At Monday’s assembly we drew the prizes for our Family Maths evening Magical Minds. There were some great prizes on offer and I hope that all those families that won something enjoy them.

Our major prize of a portable DVD player was won by Lucas Brockfield in Year 6.

You will find attached to the newsletter some photos and information about last week’s big event. We hope you enjoyed it. If you missed out this time we look forward to seeing you at our next big event next term.

Unfortunately the **District Cross Country Event** was cancelled today due to bad weather. It has been rescheduled for next Thursday.

This week the **The Life Skills Group Program, Healthy Skills for Life** continued. This week the topic was **Resilience.** There is some more information about this topic on our Life Skills Page in this newsletter. Don’t forget to try the Parent/Carer’s Tip and Family Self-Care Tip! **The Family Day** for Life Skills will take place on **June 2nd.** Your child/children will bring home a note to tell you what time to come along and join in the fun! We look forward to seeing you all there.

Today forms regarding **Student Family Occupation Data** will be distributed and need to be returned to school by **Thursday 2nd June.** This information is used by the government to allocate funding to individual schools to provide programs and resources for the students.

Notes will go home on Monday about the **Parent/Teacher/Student conferences** on **Wednesday 22nd July.** Please return these forms as soon as possible with your time preference.

**Remember - Every Day Counts!**

Have a good weekend

**Jo Money**  
Principal
SWIMMING – Years P-6 – JULY/AUGUST 2016

This program incorporates 8 swimming lessons over a fortnight. Learning to swim is not just a great way for kids to stay healthy and happy; it is also an important safety precaution and could have even more far-reaching benefits.

Getting into the water and learning about safety and swimming, is a gift for your children which may help improve: **Health and fitness, Cognitive processes, Social interactions and Safety in the water.**

Please consider sending your children to swimming – it is a skill that all of our children should have. All of the students who went last year really enjoyed it and made great progress with their skills. The swimming teachers at Broadmeadows Leisure Centre did a great job. If you have any questions about the program please feel free to contact the school – we are happy to answer any questions. Those with CSEF money are able to use this for the program – ring the school office to check your balance.

Remember to send your deposits along to school for the swimming program!

LIFESKILLS GROUP PROGRAM – WEEK FIVE

This week the Life Skills Group class plan focused on perseverance and resilience. We also sent kind thoughts to the people and animals we love and ourselves. Students learned a new breath and really noticed what that breath felt like in the body. On a physiological level breathing exercises help calm the body and mind, self-regulate and achieve concentration. All students related the values of perseverance and resilience with what we have the ability to do, be or achieve.

Students were challenged with increased levels of strength and balancing activities in games. The physical movements enabled the children to see a greater performance from their bodies and showed the students what they are really capable of. They discovered that when they were really focused they could stay balanced for longer and were more determined in games.

This week’s class plan gave students the opportunity to discuss and propose a range of alternatives and test their effectiveness when solving movement challenges. The activities aligned with this week’s value, explored effective communication of ideas, listening to one another, encouraging one another and striving to carry on. Students shared responsibilities and made decisions that would benefit the whole team. They then put their ideas into practice, through engaging games incorporating fundamental movement.

**PARENT/CARERS TIP:**
- Practice sending kind thoughts to your loved ones or pets together and see how it makes you feel.

**FAMILY SELF-CARE TIP:**
- Listen to a meditation together before bed.
Thank You
FAMILY MATHS NIGHT WAS AMAZING!
WELL DONE TO THE 85 FAMILIES WHO CAME.
2 4 5 PEOPLE ATTENDED

SHAZARIAH (1/2)

AARYAV (PREP)

Registration Winner
LUCAS (5/6)

REHAN (3/4)

KARA (5/6)

Did you know? The world's longest ever paper plane thrown is 69.14m? Oskarn and Selma threw 13.88m! What is the difference?

BasketBall
Hayden Fraser
9 Goals in 30 Seconds

M&Ms
Hadi Khan
2300 m&Ms

iTunes
Zubiri Family
Staying for the whole event

Pratik Family
For participating with enthusiasm

Papali Family
Bringing the most people

Hayden Fraser
9 minutes 4 seconds

Berelain Daghaghleh
128 skips in 1 minute

Dalia Eljari
355 Raspberries

Prize Winners
Central Café

I loved learning how to crack eggs in the canteen. I did the Amazing Race with my mum and sister.

HANI
(Canteen)

I liked working in a team. I enjoyed cooking the orange and poppy seed muffins because I learnt to triple fractions in a recipe. It was challenging but fun.

ABIR (Head Chef)

I liked having the chance to do maths with my family. They could see what I learn at school.

BRONTE (Marketing)

Recipe

Ingredients
- 250g butter
- 430g (2 cups) caster sugar
- 4 eggs
- 225g (1 1/2 cups) plain flour
- 80g (3/4 cup) Cocoa
- 1 teaspoon vanilla essence
- Icing sugar to dust

Method
Step 1
Preheat oven to 180°C. Line a 20 x 30cm (base measurement) slab pan with non-stick baking paper.

Step 2
Melt the butter in a saucepan over medium heat. Remove from heat. Stir in the sugar. Add the eggs, 1 at a time, and stir until mixture is thick and glossy.

Step 3
Sift the flour and cocoa powder over the egg mixture and stir until well combined. Stir in the vanilla. Spread over the base of the prepared pan.

Step 4
Bake for 30 minutes or until a skewer inserted into the centre of the brownie comes out clean. Set aside in the pan to cool completely. Cut into pieces and dust with icing sugar.

Maths is used all the time! Try using your number skills to make this recipe at home.

It was a best seller for Central Café and lots of families have asked for the recipe!